



## Family Activity Sheet – Watching online videos

This activity sheet has been created to help you to learn more about what your child watches online, take some actions to stay safe, and have some fun together exploring the internet.

### Conversation starters

Here some questions you can ask to start a conversation:

- What videos have you watched online recently? Do you have a favourite? Why is it your favourite?
- Apparently most children and young people watch videos online now, rather than on TV – is this true for your friends?
- Do you have a favourite YouTuber or online creator? What do you like about their videos?

### Online safety action

Pick one of these actions to do as a family:

- Visit our [Thinkuknow website](#) and look for tips on how be safe when watching videos.
- Watch BBC Own It video [Has something online scared you?](#) Talk through the steps to take if they come across content that is not OK.
- Visit [Internet Matters Parental Controls](#). Pick a device a set up the safety controls together.

### Fun family task

Ask each family member to write their favourite video (which would be suitable for everyone to watch) on a piece of paper. Fold the paper up and put it in a bowl. Each day, choose a time to pick one, and watch together.

Or

Ask each family member for a favourite subject or something they want to learn more about. Together, search YouTube for a suitable video about the topic, you can watch as a family. Remember to set up [YouTube in safe mode](#) if you have children under 13.

### More information for parents and carers

For more information about viewing online, the risks and what you can do to support your child, you can visit [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents).

You can also read our article [Parent's guide to watching videos online](#).

