



## First Aid for Families

### Would you like to know:

- The emergency procedure and making an emergency phone call?
- How to place a casualty into the recovery position?
- How to use the primary survey?
- How to recognise and treat choking?
- How to treat and monitor bleeding, minor bruising and burns?
- How to practise cardiopulmonary resuscitation (CPR)?

### This course is for you!

Venue:Swanley Youth Hub

Date: 3 -week course starting 11<sup>th</sup> January 2021

Time:10-12pm

To book a place please email [SwanleyChildrensCentre@kent.gov.uk](mailto:SwanleyChildrensCentre@kent.gov.uk) or call 03000 413333

**Please kindly note this is an adult only course.**

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

**FREE, fun &  
informal courses**