

Keeping Healthy at School

Here at New Ash Green Primary School, we recognise the importance of a healthy, active lifestyle and understand that establishing a balanced diet at a young age helps form healthy eating habits for life.

We aim to help improve and influence the health of the whole school. Some of the ways we can do this is detailed below.

Walk To School
Wednesday

Daily Fruit &
Vegetables
KS1

Fitness
Workshops

Termly Fruit
& Vegetable
Sampling
KS2



New Ash Green
Primary School

Together Everyone Achieves More

PE
Activities

The Ash
Restaurant
(new)
FS & KS1

School Games
Gold Award

The Green
Restaurant
(new)
KS2

Daily
Salad Bar

We are a nut free school.